## Princeton Family Care Associates, LLC Patient Waiting Room Viewing Library

- 1. The Alzheimer's Diet: A Step-by-Step Nutritional Approach for Memory Loss Prevention & Treatment, Richard S. Isaacson, MD & Christopher N. Ochner, PhD., AD Education Consultants, Inc., 2013
- 2. **Awareness: The Perils and Opportunities of Reality**, Anthony De Mello, Bantam Doubleday Dell Publishing Group, Inc., 1990
- 3. Parenting Your Emerging Adult: Launching Kids from 18 to 29, Dr. Varda Konstam, New Horizon Press, 2013
- 4. **Twelve Steps and Twelve Traditions**, Alcohol Anonymous World Service, Inc., 2003
- 5. Zen Mind, Beginner's Mind: Informal talks on Zen meditation and practice, Shunryu Suzuki, John Weatherhill, Inc., 1986